



EAL ACCELERATED FACILITATION CERTIFICATION TRAINING

THURSDAY, MAY 18 – SUNDAY, MAY 21, 2023

Marthasville, MO (west of St. Louis)

What you'll gain from this training:

- Become proficient at group facilitation techniques through hands-on experience
- Experience horse activities with different client contexts (corporate, team building, youth, and personal growth), along with somatic and deep feedback from a horse
- Improve your skills with integrating feedback from our horse partners
- Learn how to lead clients through change with insightful facilitation techniques
- Gain the step-by-step process along with templates, forms, and samples to conduct effective and professional learning programs
- Discover your strengths as a facilitator and bring your voice to your EAL program

REGISTRATION at ealacademy.com/trainings

- **Early-Bird Discount through April 5th is \$3,247**, Regular Price is \$3,497
- Discounts: \$50 discount when also registering for the 1-day Mindfulness training, plus 1) group discount when 2 or more attend together, 2) Previously Certified through an equine-assisted organization, or 3) you're affiliated with the host
- Complete the Pre-Study prior to the training



For more information:

Call: 269-978-8138

Email: staff@ealacademy.com

Visit: ealacademy.com

EXPERIENCE THE
BEST EAL
FACILITATION
TRAINING
AVAILABLE

TRAIN IN A SMALL
GROUP SETTING

GAIN HANDS-ON
FACILITATION
EXPERIENCE

EXPERIENCE 18
IMPACTFUL
ACTIVITIES

STEP-BY-STEP
PROCESS &
FORMS

LED BY EXPERT
EAL TRAINERS

HOST

Zenhorse
3453 Highway T
Marthasville, MO 63357

Kit Maxwell
314-277-9785
zenhorse.info@gmail.com
zenhorse.org

Training Description

EAL Academy's 4-day certification training provides in-person, hands-on experience of experiential facilitation and coaching method, so that you can facilitate EAL programs for corporate training, coaching, youth education, and personal development. We take you through the process step-by-step. You'll facilitate EAL activities as well as learn how to design and conduct effective EAL programs that provide lasting impact with clients.

After attending the training, you have 6 months to complete the certification self-test. These test results along with facilitation skills demonstrated during the training program will determine your certification status. Unlike other Equine Assisted certifications, this is a **lifetime certification**; you choose your future professional development, which we encourage, but it's not required to maintain your certification status.

Each training is typically 8 to 12 participants, so this is a highly personal experience with the trainers and other participants.

This is an accelerated training program with a Pre-Study to complete prior to the training.

During this training, you will:

- Receive extensive training materials that include a library of forms, tools, templates, and samples to use with client programs.
- Work on integrating the horse-human connection into facilitating client learning experiences and shift into powerful debrief questions.
- Practice great facilitation skills to lead any group - corporate training, team building, leadership development, coaching, personal growth, well-being, and youth programs.
- Gain hands-on experience facilitating EAL horse activities, a safety review, and an end of day program debrief.
- Experience 18 EAL horse activities plus 3 additional activities are provided with the materials, including somatic awareness and some a deep connection with a horse.
- Learn how to select and design powerful horse activities that align to client goals.
- Experience CliftonStrengths (f.k.a., StrengthsFinder) assessment tool and a strengths focused training experience that you can use with your clients.
- Gain deeper understanding and experience in facilitating clients through the change process; learn how to guide clients to identifying actions for change to carry the experience forward.
- Grow revenue through offering professional EAL programs; learn the process for designing and conducting professional EAL programs that deliver lasting client outcomes.
- Receive valuable coaching on your facilitation.
- Discover your strengths, develop your skills, and gain confidence in facilitation; empower your voice and values in your EAL program.

Additional Event Information

Travel:	<ul style="list-style-type: none">• Airport: St. Louis Lambert International Airport (STL) https://www.flystl.com/; 45 minutes, depending on traffic• Rental Cars: Check airport website for available car rental providers• Hotels: There are nearby accommodations (hotels and B&Bs) in Washington, Wentzville, St. Louis West-O'Fallon, and Chesterfield; please review ratings in selecting your accommodations
Weather & Clothing:	<ul style="list-style-type: none">• For May, the average daily highs in the mid to high 70's; overnight lows in the 60's (°F)• Time will be spent both indoors and outdoors, doing physical activities with horses• Dress appropriately for the weather and it is best to layer clothing• Participants are required to wear closed toe shoes or boots
Schedule:	<ul style="list-style-type: none">• Each day the training starts promptly at 8 AM and will go until the training is, but no later than 5 PM

	<ul style="list-style-type: none"> • There are breaks mid-morning, mid-afternoon, and lunch is at 12:15 – 1 PM • There is homework each evening
Food & Beverages:	<ul style="list-style-type: none"> • EAL Academy provides water and light snacks • Lunch is handled differently at each training so watch for an email sent a few weeks before the training that will explain how lunches will be handled. <ul style="list-style-type: none"> ○ If we're able to secure a caterer, then we'll offer the dietary options the caterer can accommodate; if you're not able to eat whatever food is provided then you'll need to provide your own food. ○ If we're not able to secure a caterer then you'll provide your own lunch. • It's important that you bring whatever you need to be comfortable, nourished, and hydrated.
Prerequisites:	<p>This class is an accelerated program for certification as a EAL Facilitator through EAL Academy. It's a certification requirement to review the Pre-Study prior to the training and be familiar with all concepts presented in the curriculum. This will allow us to spend time making sure you have mastered activities with the horses and address topics important to you. More details are provided in the Overview materials (sent when you register or approximately 40 days prior to the training). This is an overview:</p> <ul style="list-style-type: none"> • Review the Overview, Pre-Study, and Day 1 materials prior to the first day of the training; review the remaining materials prior to arriving or prior to each training day • Read the book <u>Open to Outcome 2 Edition: A Practical Guide for Facilitating & Teaching Experiential Reflection</u> by Micah Jacobson, Mari Ruddy (latest edition preferred) • Provide your CliftonStrengths Top 5 results (f.k.a., StrengthsFinder) by Thursday, May 4, 2023; if you haven't taken this assessment before, there are two ways to do it: <ul style="list-style-type: none"> ○ Purchase the book (new, not used) <u>Strengths Based Leadership: Great Leaders, Teams, and Why People Follow</u>, which includes instructions and an access code ○ Purchase the Top 5 for \$19.99 assessment directly at <u>Gallup CliftonStrengths</u>
Bring with You:	<ul style="list-style-type: none"> • Printed copies of the training materials • Anything additional you need for a positive training experience, such as electronic charger(s), sunscreen, bug spray, sunglasses, hat, food (see above), etc.
Technology:	<ul style="list-style-type: none"> • EAL Academy primarily communicates important training information through email, so be sure to watch for our emails in your inbox and junk/spam folders; add our email, staff@ealacademy.com, to your address book (or "whitelist" our email address) • We'll send a confirmation email after you pay for your registration • The training curriculum is sent approximately 40 days before the training, followed by other emails to coordinate the prerequisites along with other aspects of the training • You'll access the curriculum in cloud folders • You'll need to print 5 documents to bring with you to the training; due to how we use the training materials, it's not recommended that you view documents electronically on a mobile device • Provide your mobile number in case it's needed for coordination • Wi-Fi and cellular service may not be available at the training

Note: Information subject to change.